

# Co-Curricular Clubs and Activities



**Loughborough**  
Grammar School

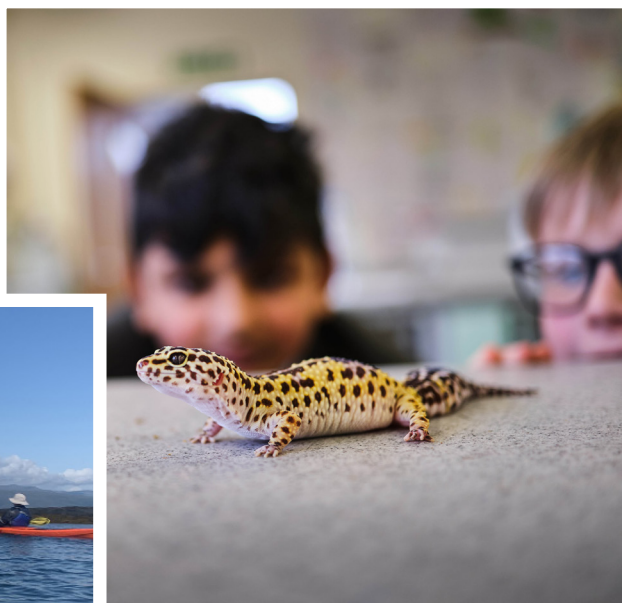


## **Academic achievement opens doors for our pupils – but it is what they learn beyond the classroom that truly enables them to walk through those doors with confidence and thrive.**

At Loughborough Grammar School, co-curricular activities are a vital part of a rounded education. During their time at LGS pupils will get to know who they are, like who they are and become good at being them. We don't leave this up to chance; we make sure that every boy engages with the extensive opportunities available to them by tracking both their involvement in the co-curricular life of the School and their personal reflections in Form times.

With over 140 clubs and societies on offer, there truly is something for everyone. Our focus on the core development strands of 'Hands, Heads and Hearts' ensures that, alongside exploring the things they're already passionate about, boys can discover new interests and strengths. Whether that's unearthing fun facts about the animal world at Beast Club, putting their logic skills to the test with Mind Sports, taking on a new sport, or joining one of the Music School's 50+ groups and ensembles, pupils are supported to explore their potential.

We believe that residential trips are a key experience in any boy's school career and that the memories and independence formed are as important as academic learning. Each year group has the opportunity to enjoy a sports tour, an outdoor activities trip, something more academic such as classics or a language, and other co-curricular related experiences.



Year	Co-curricular Aim	Co-curricular Focus
Years 6-8	Getting to know who they are	Thomas Burton Award
Year 9		All boys begin the Duke of Edinburgh's (DofE) Bronze Award
Years 10-11	Getting to like who they are	Continue with DofE Silver or the Thomas Burton Award
Years 12-13	Becoming good at who they are	Professional Development Programme (an independent, self-guided programme aimed at preparing boys for life beyond school)

### **Getting to know who they are**

In Years 6 to 8 we encourage our pupils to try new things and find passions which are unique to them. As part of the Thomas Burton Award, boys must commit to something from each strand; Heart (a community-focused activity or fundraising), Hands (a hobby, sport, music or one of the many clubs) and Head (something academic such as a society or competition).

Pupils will also be part of several 'performances', ranging from the Year 7 pantomime to inter-form debating or singing at De Montfort Hall, to ensure that all boys develop confidence and familiarity with this key skill. Boys will also choose and commit to their own challenge – it can be anything from running 10km to composing a piece of music!

The aim is that by the end of this they know who they are, what they enjoy and what challenges them.

### **Getting to like who they are**

In Year 9 all boys begin the Duke of Edinburgh's Award (DofE) - an external, well-recognised award which the vast majority of boys complete at the Bronze Level. It is very similar in ethos to our own Thomas Burton Award, which encourages pupils to immerse themselves in the co-curricular life of the School and take on new challenges.

Going into Year 10 around 60% of boys continue with the Silver DofE Award, with some pupils opting instead to continue with the Thomas Burton Award. By now, boys are focusing on fewer activities but getting more involved with those they've chosen to pursue.

In Years 10 and 11 pupils take part in the Thursday afternoon enrichment programme which is run jointly with the girls at Loughborough High School. Options range from the Combined Cadet Force to Sports Leadership qualifications, Art, Drama and more. The aim is for pupils to develop their soft skills through an activity they enjoy but which challenges them.

### **Getting to be good at who they are**

In the Sixth Form, pupils who do three A Levels also undertake the Professional Develop Programme and the Thursday afternoon enrichment activities grow more extensive, with around 30 on offer.



If you have any questions about our co-curricular offer, please contact:  
Al Waters, [a.waters@lsf.org](mailto:a.waters@lsf.org).



“The school’s co-curricular programme is instrumental in its contribution to pupils’ social development.” - ISI Report, 2024



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