Personal, Social, Health and Economic Education

All pupils in Years 10 and 11 take part in a course of Personal, Social, Health and Economic

Education (PSHEE) which has four main aims:

- To prepare pupils for the experiences and responsibilities of life beyond the school gates.
- To enable pupils to make informed choices in matters of personal and social relationships.
- To develop the skills of receptiveness, sensitivity, co-operation and self-awareness in making these choices.
- To make pupils aware of resources, both in school and in the general community, to assist them.

The Year 10-11 PSHEE course covers alcohol, careers, finance, drugs, wellbeing, resilience, politics and citizenship, 'heartwize', and relationship and sex education. These are taught over the two years in a carousel delivered by teachers who have specialised in each topic.

Through group work, individual reflection and class discussion pupils develop the skills of assertiveness and critical thinking, which are key to enabling them to recognise how they are influenced by their peers, or the media, and nevertheless to make their own decisions.

At a Glance

Coordinator of PSHE
N Barfield
n.barfield@lsf.org