Core Sport

The Foundation philosophy for Sport is very much ‘Sport for All’.

- **Enjoyment:** This is first and foremost to inspire a lifelong love of sport.
- **Opportunity:** A wide variety of activities and sports from athletics to Zumba and all in between.
- **Competition:** It is vital to learn how to win and learn when trying to win.
- **Strength and Resilience:** Success is often learnt through failure, a big lesson in Sport.
- **Family:** We all belong to the Foundation family for Sport which offers chances for teamwork and developing sportsmanship.

To achieve these aims, we organise a comprehensive timetable including a triple period of Games each week. Games afternoons are organised around the School’s main competition sports of Rugby, Football, Hockey, Cricket, Athletics and Tennis.

There is also a wide range of co-curricular activities offered at lunchtimes and after school, such as: sports team practises, Badminton, Swimming, Strength and conditioning, Basketball, Laser Shooting and Triathlon. These activities are organised and led by qualified staff or outside coaches. Pupils who attend these activities can build upon their Thomas Burton Award cards - an initiative to record and reward those contributing to co-curricular activities.

At a Glance

Main Sports
Rugby
Football
Hockey
Cricket
Athletics
Tennis

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